

# Self-Transcendence Masters

TRACK AND FIELD

USATF SANCTIONED

DATE: **Sunday, September 29, 2019**

LOCATION: Glendale High School Track and Field  
1440 E Broadway, Glendale, CA 91205

DIRECTIONS: **From North:** Take I-5S to 134E, exit 9B and turn right onto Harvey Dr. Continue on Harvey Dr. until it turns into E Broadway. Parking lot entrance is on the left just before S Verdugo Rd.

**From South:** Take I-5N to 2N, exit E Colorado St. Left onto E Colorado St, then right on S Verdugo Rd. Turn right on E Broadway, parking lot entrance is on the right.

DIVISION: 5-year age groups.

FACILITIES: 6 lane artificial surface track, concrete rings, grass javelin field, electronic timing.

ENTRY FEE: First event \$27, additional events \$10 each. Pentathlon \$65. No refunds. T-shirt included (while supplies last).

DEADLINE: All mailed entries must be postmarked no later than 9/14. Online entry deadline is 9/22. **Late entries or day of registration:** \$55.00 for first event. \$75 for pentathlon.

**If attempting a world record please notify us no later than 9/14.**

AWARDS: Medals to first three men/women in each event/age group.

AID: Water and light refreshments throughout the day.

NOTE: **2019 USATF registration required. Please complete and sign both waivers.**

WEBSITE: <http://us.srichinmoyraces.org/masters>



SUNDAY  
SEPTEMBER 29, 2019

GLENDALE HIGH SCHOOL  
GLENDALE

## TRACK EVENTS

9:00 AM	5000m Racewalk
10:00 AM	50m Sprint
10:30 AM	3000m Run
11:00 AM	100m Sprint
11:45 AM	400m Run
	80/100/110m
12:30 PM	Hurdles
1:00 PM	200m Sprint
1:30 PM	800m Run
1:45 PM	300/400m Hurdles
2:15 PM	4x100m Relay
2:50 PM	1500m Run
3:30 PM	4x400m Relay

## FIELD EVENTS

9:00 AM	Long Jump
9:00 AM	High Jump
9:45 AM	Triple Jump
10:30 AM	Javelin
11:00 AM	Pole Vault
12:30 PM	Shotput
1:45 PM	Discus

MAIL ENTRY TO: Sri Chinmoy Marathon Team 4083W Ave L #302 Lancaster CA 93536

MAKE CHECKS (NO CASH OR MONEY ORDERS) TO: Sri Chinmoy Marathon Team For info:818-875-0321

NAME (LAST) \_\_\_\_\_ (FIRST) \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

USATF# \_\_\_\_\_ CELL# \_\_\_\_\_ E-MAIL \_\_\_\_\_ \$ \_\_\_\_\_

T-SHIRT:  SMALL  MEDIUM  LARGE  X-LARGE  XX -LARGE

MY EVENT(S) 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_  **Combined Events: Pentathlon (LJ, Jav, 200m, Discus, 1500m)**

**ATHLETE'S WAIVER:** In consideration of your acceptance of my entry, I hereby for myself and executor waive, release and forever discharge any and all claims for damages or injuries which I may have, or may hereafter accrue, against the Sri Chinmoy Marathon Team, field officials, meet volunteers, staff members and associates, Glendale Unified School District, Glendale High School and all other sponsors and sport facilities or their officials or agents. I certify that my level of training is such that I am prepared to compete and recognize the right of any duly authorized members of the medical staff to require my withdrawal from competition. By enrolling in this meet, I agree that any photographs or videos taken of me will become the property of Sri Chinmoy Marathon Team and allow its use in any format without any restrictions.

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,  
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

Bib # \_\_\_\_\_

Event Name: **Sri Chinmoy Self-Transcendence Masters Track & Field**

Event Date(s): **9/29/2019**

Event Location: **1440E Broadway, Glendale, CA 91205**

Sanction #:

For and in consideration of USA Track & Field, Inc. ("USA Track & Field" or "USATF") allowing me, the registrant, to participate in the USA Track & Field sanctioned event I am registering for herein (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby represent that (i) I am at least eighteen (18) years of age (or this Agreement is also agreed to by my parent, natural guardian, or legal guardian (the "Guardian")); (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.
- 2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sports of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers (as defined in Section 4 below); and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions or the actions or inactions of others participating in or organizing the Event, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties (as defined in Section 4 below).
- 3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competition Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
- 4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties, as relevant and applicable in each instance: USATF, its members, clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the event directors, the host organization and the facility, venue and property owners or operators upon which the Event takes place; and any other organizers, promoters, sponsors, advertisers, coaches and officials for this Event; law enforcement agencies and other public entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which may be incurred as the result of such claim, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties, as relevant and applicable in each instance.
- 5. As a condition of my participation in the Event, I hereby grant USA Track & Field, the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any media platform or format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the Event, USATF, or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent.

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by accepting it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have accepted this Agreement without any inducement, assurance or guarantee, and intend for my acceptance to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous and represents an extreme test of a person's physical and mental limits. Further, the Guardian acknowledges and understands the Risks, as defined above. b) The Guardian acknowledges the rights waived by both the Guardian and the participant by accepting this Agreement. c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability which may arise out of, result from, or relate in any way to the participant's participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties.

Participant Name (or Guardian): \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female  
Minor Name #1: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female  
Minor Name #2: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female  
Minor Name #3: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male Female

Home Address: \_\_\_\_\_ Home Tel.: (\_\_\_\_) \_\_\_\_\_  
Team Name \_\_\_\_\_ Email Address \_\_\_\_\_

X \_\_\_\_\_ / \_\_\_\_\_  
*Signature of Participant or Guardian* *Date Signed*