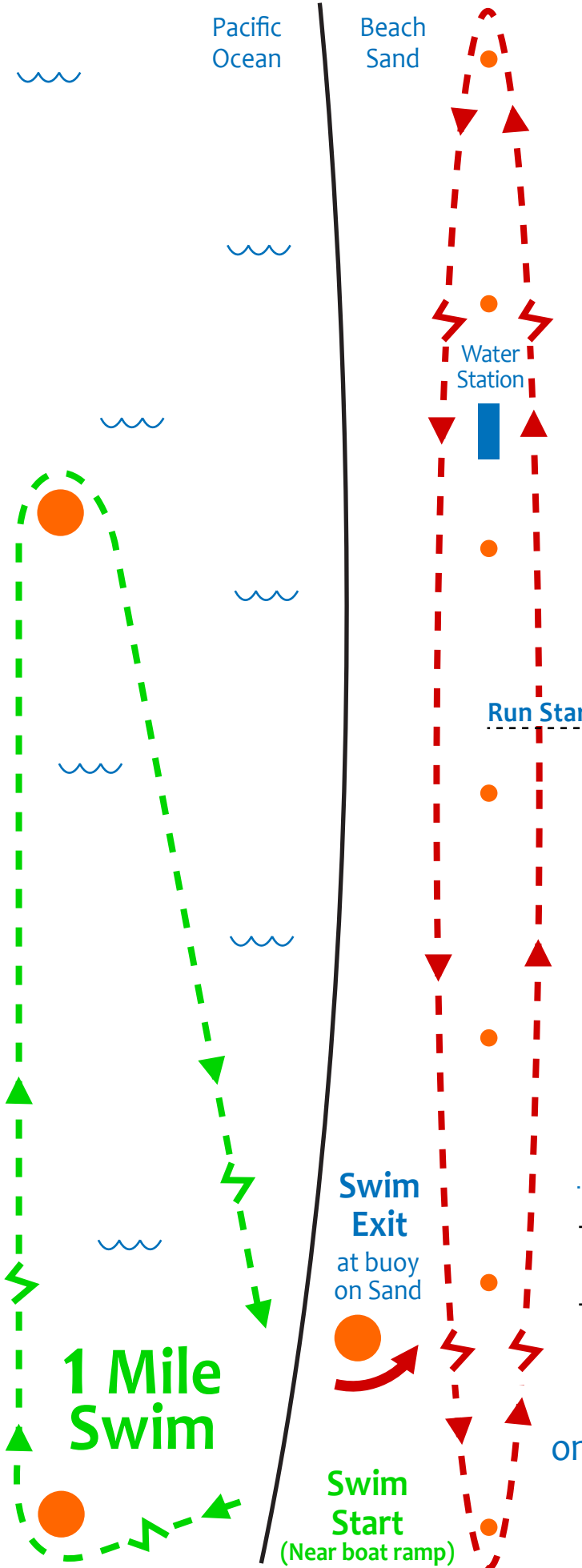




Self-Transcendence
SWIM & RUN

Course Map

La Jolla Shores



Awards & Refreshments



Main Lifeguard Tower

Map not to proportion

5K/10K Run
on loop course (1.03 miles)
along flat-packed sand

Boardwalk