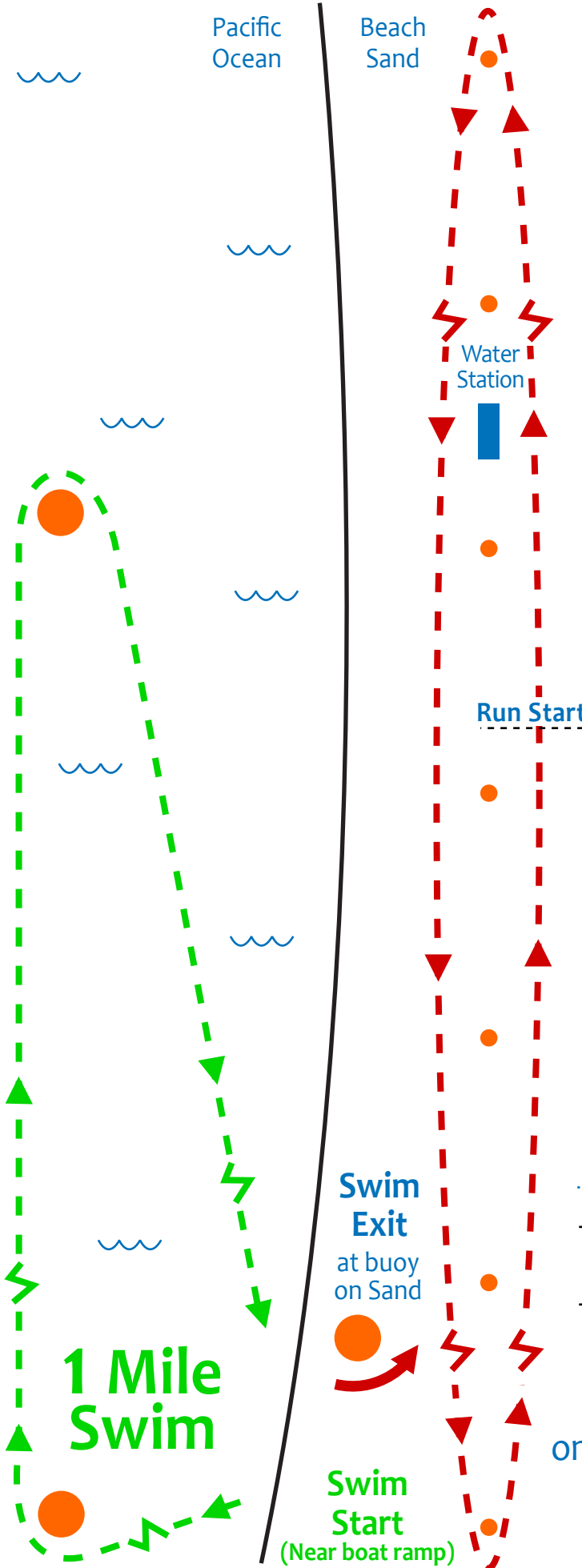




Self-Transcendence
SWIM & RUN

Course Map

La Jolla Shores



Results Board

Finish Shoot

Run Start/Finish & Timing Zone

Awards & Refreshments

Astro Turf
Small Pools

Transition Area
(Participants' Clothes and Gear)

Spray Hose

Lifeguard Access Lane

5K/10K Run
on loop course (1.03 miles)
along flat-packed sand

Rest Rooms

Parking Lot

LIFEGUARD

Main Lifeguard Tower

Rest Rooms

Boardwalk