

Sri Chinmoy Flushing Meadows 5 K – November 2016 - Flushing Meadows

Corona Park

Saturday, 19 November 2016 – 10:00 AM **ALL PROCEEDS OF THIS RACE SUPPORT FLUSHING MEADOWS CORONA PARK!**

Please submit one form per entry. Photocopies acceptable. You must PRINT LEGIBLY and complete all information.

THE EVENT:

PARK FUNDRAISER: all proceeds go to the benefit of Flushing Meadows Corona Park. A short and friendly race along the scenic and historic grounds of Flushing Meadows Corona Park in Flushing, Queens, New York. Join us near the Boathouse, by Sri Chinmoy Heart-Garden on **Saturday, 19 November 2016** for an end-of-season race you will absolutely love. Both runners and walkers warmly welcome. The race is organized on behalf of the Park by the Sri Chinmoy Marathon Team, in appreciation for decades of support.

INFORMATION:

Contact: (516) 710-8084

us.srichinmoyraces.org/nysprintseries

e-mail: nyswimrun@srichinmoyraces.org

- Free race t-shirts for participants who register before 31 October.
- Aid stations

- Beautiful and historic race setting

KIDS FUN RUN at 10:30 am, after 5K.

\$5 to register - Registration open on race day.

- E-mail us to confirm a minor will participate.

This will help ensure sufficient medals and gifts will be available for all children who run.

E-mail us at nyswimrun@srichinmoyraces.org to confirm your child will participate. Kids to age 13 accepted.

Award Categories

Men and Women/ 10:45 am award ceremony

- Trophies to top seven finishers overall
- Medals awarded to all finishers
- Certificates for top 3 finishers in each age category:
Under 20, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

Certificates will be mailed to all age place winners after the race.

Race results to be posted within 24 hours of race.

Driving Directions

Please familiarize yourself with directions to the registration area before race day. They are available on the website.

How to Enter

By Mail November Flushing Meadows 5K
150-47 87th Ave
Jamaica, NY 11432-3309

Make check or Money Order payable to: Sri Chinmoy Marathon Team.

Online registration - Please visit <http://www.active.com/flushing-ny/running/distance-running-races/sri-chinmoy-flushing-meadows-5k-november-2016>

Cost of Entry Official Entries (by mail or online) (close 31 October)
\$20.00 • Free t-shirt included
Late Entries (online) (close 12 November)
\$20.00 • T-shirts for sale subject to availability
Race Day Entries
\$30.00 • T-shirts for sale subject to availability

- Please include a telephone number or e-mail address on your application so we can contact you to confirm your race registration.
- No mail-in or online entries accepted after 12 November 2016
- Packet and number pick-up on race day between 8:30 am and 9:30 am
- Race day entries available from 8:30 am and closing at 9:30 am sharp on race day, 19 November 2016, at our registration table.

Refunds – Refunds (minus \$5.00 processing fee) will be made if withdrawal is received in writing or by e-mail by 12 November 2016 (nyswimrun@srichinmoyraces.org)

You are not allowed to transfer your entry to another person.

OFFICIAL ENTRY FORM

Please print clearly. Please make checks payable to Sri Chinmoy Marathon Team.

Male Female **T-shirt size** sm med lg xl Email _____

Last Name _____ First Name _____ Phone _____

Street Address _____ City _____ State _____ Zip _____

Country if not USA _____ Date of birth: Month _____ Day _____ Year _____

Signature _____ Date ____/____/____

Signature of Parent or Guardian if under 18 _____ Date ____/____/____