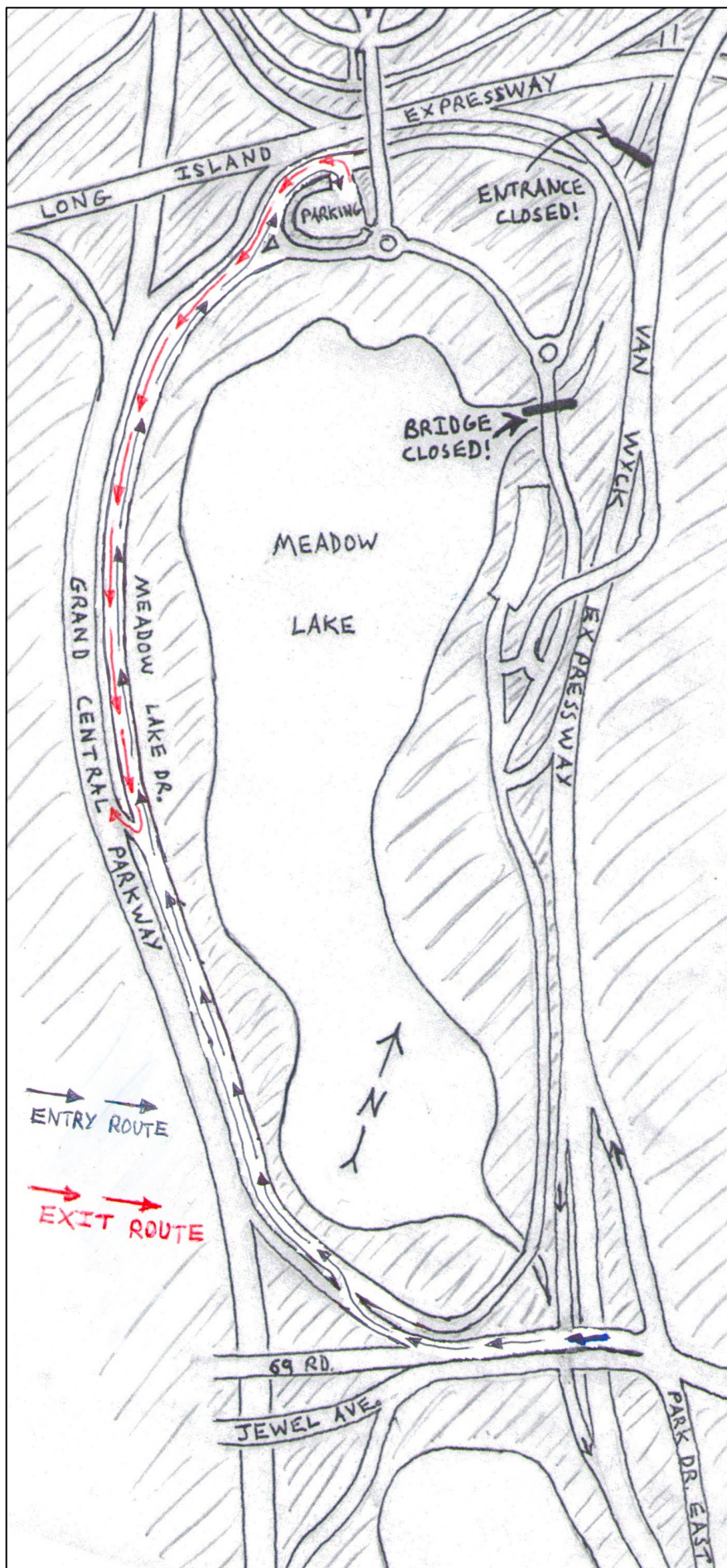


# Driving Directions to Sri Chinmoy Races at Flushing Meadows Park



Through 2019, some of the entrances to the section of park north of Meadow Lake are closed.

Routes to and from the parking lot next to "Race-Day Central" are shown on the map. Signage is almost nonexistent inside the park, & GPS apps such as Google maps, etc. do not recognize some roads inside park. Please use the map & these instructions:

## TO PARKING LOT (black arrows)

Beginning from westbound 69<sup>th</sup> Rd., just after the intersection of Park Dr. East:

After 0.1 mi, take exit on right for "Grand Central Parkway / RFK Bridge"

After 0.1 mi, take the unmarked exit ramp on the right. Merge onto park road (Meadow Lake Dr.)

After 0.3 mi, bear right to stay on Meadow Lake Dr. Don't bear left - Parkway!

*The first section of road is a little rough and often has big puddles, but you're heading the right way.*

After 0.6 mi, bear left at the fork.

After 0.1 mi, turn right into the parking lot

## EXITING PARK (red arrows)

*Essentially, you retrace the entrance route partway:*

Turn left out of the parking lot

After 0.1 mi, bear right

After 0.6 mi, make a hairpin right turn onto the Grand Central Parkway on-ramp.

You are now on the **Westbound Grand Central Parkway** (towards RFK bridge).

For the **Long Island Expressway**: after 0.3 mi, take exit 10E-W

For the **Van Wyck Expressway**: Take exit 10E-W then exit 10E towards Eastern Long Island, after 0.3 mi, follow signs for Exits 22C-D Van Wyck Expressway

For the **Eastbound Grand Central Parkway**, take exit 10E-W, then exit 10W towards Manhattan. You will loop around to the right and merge onto the Long Island Expressway. After 0.1 mi, take the exit for Grand Central Parkway East.